| <u>DAY</u> SUBJECT | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------------------|--|---------|--|----------|---|----------|--|
| SUBJECT READING | - Do full reading test in time limit - Read test without time limit and record on a separate piece of paper any additional/ different answers - Check answers - Find correct answers in the text - Re-read texts and record any unknown vocabulary | | - Read a short story/ article/ website blog entry before bed (Do NOT look up unknown words – simply read!) | | - Read an article/ text on an IELTS topic and record unknown vocabulary | | - Read a short story/ article/ website blog entry before bed (Do NOT look up unknown words – simply read!) |
| Done? ☑ or ☑ | | | | | | | |

| DAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------------------------|--------|------------------|-----------|-----------------|--------|----------|---------------|
| <u>SUBJECT</u> LISTENING | | D (11 | | T ' 1 | | | T ' 1 |
| LISTEINING | | - Do a full | | - Listen to an | | | - Listen to a |
| | | listening test | | online lecture/ | | | song you like |
| | | in time limit | | speech about | | | and read the |
| | | - Do test | | an IELTS | | | lyrics |
| | | again and | | topic and | | | - Watch TV/ a |
| | | record on a | | record | | | film without |
| | | separate piece | | unknown | | | subtitles |
| | | of paper any | | vocabulary | | | |
| | | additional/ | | | | | |
| | | different | | | | | |
| | | answers | | | | | |
| | | - Check | | | | | |
| | | answers | | | | | |
| | | - Listen to test | | | | | |
| | | again, read | | | | | |
| | | tapescript at | | | | | |
| | | the same | | | | | |
| | | time, | | | | | |
| | | underlining | | | | | |
| | | answers | | | | | |
| | | - Record new | | | | | |
| | | vocabulary | | | | | |
| Done? ☑ or 🗷 | | vocabulary | | | | | |
| Dolle: El of E | | | | | | | |
| | | | | | | | |

| DAY SUBJECT | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------|--------|---------|-----------------|----------|---------------|----------|----------------|
| WRITING | | | - Do full | | - Write some | | - Write a |
| | | | writing test in | | useful | | short diary |
| | | | the time limit | | phrases/ | | entry about |
| | | | - Look up | | sentences | | what you |
| | | | unknown | | about the | | have learned |
| | | | words in title, | | IELTS topic | | this week and |
| | | | understand | | you have read | | where you |
| | | | question fully | | about | | have been, |
| | | | - Write again | | - Get them | | what you |
| | | | without time | | checked if | | have |
| | | | limit, using | | you can | | experienced |
| | | | dictionary | | | | etc. (Do NOT |
| | | | - Look at | | | | use a |
| | | | model answer | | | | dictionary or |
| | | | - Record any | | | | think too |
| | | | unknown | | | | much – |
| | | | vocabulary | | | | simply write!) |
| | | | - Get some | | | | |
| | | | feedback | | | | |
| | | | - List | | | | |
| | | | repeated | | | | |
| | | | mistakes | | | | |
| Done? ☑ or 🗷 | | | | | | | |
| | | | | | | | |

| DAY SUBJECT | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------|---|---|---|--|---|--|---|
| SPEAKING | Speak to anyone and everyone in English about anything! | Speak to anyone and everyone in English about anything! | Speak to anyone and everyone in English about anything! | - Try to do a full speaking test with a friend or the mirror! - Re-read the questions and look up unknown vocabulary to fully understand the questions - Write some useful phrases/ vocabulary for each question and get them checked if you can | Speak to anyone and everyone in English about anything! | Speak to anyone and everyone in English about anything! | Speak to anyone and everyone in English about anything! |
| Done? ✓ or 🗷 | | | | | | | |

| <u>DAY</u> SUBJECT | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------------------|---|---|-----------|--|---|----------|--------|
| VOCABULARY | - Record and revise all new vocabulary using helenaielts.com vocabulary record template. | - Brainstorm at least 20 words for one of the helenaielts.com vocabulary IELTS topics. | | - Brainstorm at least 20 words for one of the helenaielts.com vocabulary IELTS topics. | - Record and revise all new vocabulary using helenaielts.com vocabulary record template. | | |
| GRAMMAR | | | | - Choose an area of grammar you find difficult. Find it in a grammar book/ website, read, understand, make notes, do exercises - Think how you will use this grammar in the IELTS exam | - If you have feedback from your writing, choose one area of grammar you had problems with and study it (from a grammar book or website). You should make notes and do practice exercises | | |
| Done? ✓ or 🗷 | | | | | | | |

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|-----------------------|--------|---------|-----------|--|--------|---|---|
| PRONUNCIATION | | | | - Practise saying/ pronouncing new vocabulary – use the online speaking dictionary to help | | | - Choose one area of pronunciation you find difficult and find some exercises in the books/ on the internet and practise |
| OTHER | | | | | | - RELAX! Go out, enjoy yourself – visit some new places and try to go with native English speakers or other learners so you can practise speaking | - RELAX! Do your study today in a relaxed atmosphere, maybe with friends and take plenty of breaks - Go out for a walk/ dinner/ to the cinema |
| Done? ☑ or 🗷 | | | | | | | |