



VOCABULARY: HEALTH

TRANSLATION	NOUN	VERB	ADJECTIVE	ADVERB
	health		healthy unhealthy	healthily
	hospital	hospitalise		
	staff	staff	staffed unstaffed	
	cleanliness cleaning	clean	clean unclean	
	shortage of		short of	
	illness		ill	
	suffering	suffer	suffering	
	pain		painful	painfully
	severity		severe	severely
	doctor	doctor		
	prescription	prescribe	prescribed non-prescribed	
	symptom		symptomatic	symptomatically

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TRANSLATION	NOUN	VERB	ADJECTIVE	ADVERB
	cause	cause		
	body			
	fitness		fit unfit	
	gym			
	strength		strong	strongly
	disease		diseased	
	spread	spread		
	vaccination	vaccinate	vaccinated	
			contagious	contagiously

### Useful sentences

Health:

People are becoming more and more health conscious.

Health and healthcare are at the top of the agenda for many governments.

As long as you have health, everything else is unimportant.

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### Illness:

Unfortunately, there are many people who suffer from severe illnesses for which there are no cures.

Illness in the very young and very old can be extremely dangerous.

Some illnesses can leave people feeling a great deal of pain.

### Doctor:

Doctors need to be very highly trained, as they hold people's lives in their hands.

Doctors have to be able to recognise symptoms of many different illnesses and then to determine the cause before writing out their prescriptions.

Becoming a doctor involves years and years of dedicated study and learning.

### Body:

Fitness should be a priority for everyone as it can help to maintain a healthy body.

In Western societies it is fashionable to go to the gym to work out.

Athletes have to work on their strength and stamina to stay ahead of the competition.

### Disease:

Unfortunately, in many developing countries disease is widespread and out of control.

Many countries do not have the wealth to adequately vaccinate against disease.

Diseases can spread quickly, as they are highly contagious; they can also be fatal.

## Speaking Questions

What do you do to stay healthy?

Do you think it is important to keep fit?

What is more important, eating healthily or keeping fit?

Do you have a good public health system in your country?

Do you think governments could do more to encourage healthy living?

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Do you think people worry more about health the older they get?  
Have people become more conscious of health in recent years?

### **Writing Questions**

Although governments in developed countries are constantly seeking to improve the healthcare provision, the general health of the populations is worse now than ever before. What do you think are the causes of this and what could be some possible solutions?

Despite the campaigns and health warnings issued to smokers of cigarettes, a large number of people still continue to smoke. What might be the reasons for people continuing to smoke and what are the effects?

With the ever increasing costs of medicine, governments are struggling to provide a free and quality healthcare and therefore, citizens should be responsible for their own costs through self-paid medical insurance.  
To what extent do you agree with this statement?